

Visit these sites from some of the most reputable and reliable sources online for patient education resources. Access information on treatment, lifestyle changes, and diagnoses; read the latest news; and view relevant videos from the experts.

Centers for Disease Control and Prevention: Men's Health

Those who wish to access a wealth of information on all topics men's health should be directed to this website. An alphabetical listing of topics ranging from alcohol use to work-related conditions can be found here, each with a link to a page profiling the topic. The "What's New" section of the website features links to studies and articles in men's health, sorted by month. Additional features include a men's health quiz for visitors to test their knowledge, and tips for leading a healthy lifestyle.

<http://www.cdc.gov/men/az.htm>

NOAH: Men's Health Topics

Hair loss, impotence, low testosterone, prostate cancer, and sexually transmitted diseases are some of the topics covered at this website dedicated to men's health. Links to various conditions bring visitors to a profile page, where they will find links to such resources as health videos, articles, and descriptions of conditions. A search engine lets visitors find specific topics they are seeking in a quick and easy manner. The website is also available in Spanish.

<http://www.noah-health.org/en/healthy/men>

National Institutes of Health: Men's Health Links

Visitors to this site will find an alphabetical listing of men's health topics, each with a link to a page of resources specifically on that condition. For instance, clicking on "Heart Diseases" will bring users to a list of online resources, including links to applicable organizations, information on the conditions related to heart disease, and explanations on related topics, such as pacemakers, aneurysms, arterial fibrillation, and more. Links to clinical trials can also be found on this site.

<http://health.nih.gov/search.asp/25>

MayoClinic.com: Men's Health Center

Brought to you by the experts at the Mayo Clinic, this website is the place to go to "find information on health issues key to men, including prostate health, sexual health, STDs, and fertility." Those who click on "Men's health conditions: A to Z" can view a list of articles covering topics from compulsive gambling to testicular cancer, as well as a subsection entitled "Ask a men's health specialist," which contains answers to questions about bladder infections, testicular pain, and more.

<http://www.mayoclinic.com/health/mens-health/MC99999/UPDATEAPP=0>

Men and Depression

This website, brought to you by the National Institute of Mental Health, reviews the signs, symptoms, and treatment options and recommendations for men suffering from depression. In addition, visitors will find real stories about depression from men who have experienced the condition, fact sheets and brochures, and links to organizations and online resources for patients to get help. Many of the resources are also available in Spanish.

<http://www.nimh.nih.gov/health/topics/depression/men-and-depression>

